

My Friendship Bracelet Maker™

BFF Mini Heart Pattern Friendship Bracelet Instructions



Level: Beginner / Intermediate

BEFORE YOU BEGIN making your friendship bracelet, you should know how to make a Right Hand Double Knot and Left Hand Double Knot. You can see these instructions at myfbm.com.

1. Pick 2 different colors. You will use 2 strands of each color you choose. (The example uses 2 strands of pink & 2 strands of white).
2. Align string, fold in half, and tie knot ½ inch from fold forming a loop.
3. Attach your ½ inch loop to MYFBM under the butterfly clip.
4. Separate strings by placing one string per slot. Note: Use the same color in slot 2, 4, 6 & 8 (pink) & 3, 5, 7 & 9 (white). This will align the colors of your bracelet pattern.
5. To begin, take string #5 (white) and make a left hand double knot with string #4 (pink). String #5 (white) will now be in slot 4.
6. Take string #7 (white) and make 2 left hand double knots. One each, on string #6 (pink) and one on string #5 (pink). String #7 (white) will now be in slot 5.
7. Now take string #8 (pink) and make a right hand double knot with string #9 (white). String #8 (pink) will now be in slot 9.
8. Take string #7 (pink) and make 2 right hand double knots. One each, on string #8 (white) and one on string #9 (pink). String #7 (pink) will now be in slot 9.
9. Use string #6 (pink) and make 3 right hand double knots. On each, on string #7 (white), string #8 (pink) & string #9 (pink). String #6 (pink) will now be in slot 9.
10. Take string #2 (pink) and make 7 right hand double knots. One each, on string #3 (white), string #4 (white), string #5 (white), string #6 (white), string #7 (pink), string #8 (pink) & string #9 (pink). String #2 (pink) will now be in slot 9.
11. Start again with new string #2 (now white) and make 6 right hand double knots. One each, on string #3 (white), string #4 (white), string #5 (white), string #6 (pink), string #7 (pink) & string #8 (pink). String #2 (white) will now be in slot 8.
12. Again use your new string #2 (white) and make 4 right hand double knots. One each, on string #3 (white), string #4 (white), string #5 (pink) & string #6 (pink). String #2 (white) will now be in slot 6.
13. Take string #2 (white) and make 2 right hand double knots. One each, on string #3 (white) & one on string #4 (pink). String #2 (white) will now be in slot 4.
14. At this point the strings in slots 2, 4, 6 & 8 should all be white. The strings in slots 3, 5, 7 & 9 should all be pink. This is opposite of how you started.
15. Take string #5 (pink) and make a left hand double knot with string #4 (white). String #5 (pink) will now be in slot 4.
16. Take string #7 (pink) and make 2 left hand double knots. One each, on string #6 (white) and one on string #5 (white). String #7 (pink) will now be in slot 5.
17. Now take string #8 (white) and make a right hand double knot with string #9 (pink). String #8 (white) will now be in slot 9.
18. Take string #7 (white) and make 2 right hand double knots. One each, on string #8 (pink) and one on string #9 (white). String #7 (white) will now be in slot 9.
19. Use string #6 (white) and make 3 right hand double knots. On each, on string #7 (pink), string #8 (white) & string #9 (white). String #6 (white) will now be in slot 9.
20. Take string #2 (white) and make 7 right hand double knots. One each, on string #3 (pink), string #4 (pink), string #5 (pink), string #6 (pink), string #7 (white), string #8 (white) & string #9 (white). String #2 (white) will now be in slot 9.
21. Start with string #2 (pink) and make 6 right hand double knots. One each, on string #3 (pink), string #4 (pink), string #5 (pink), string #6 (white), string #7 (white) & string #8 (white). String #2 (pink) will now be in slot 8.
22. Use your new string #2 (pink) and make 4 right hand double knots. One each, on string #3 (pink), string #4 (pink), string #5 (white) & string #6 (white). String #2 (pink) will now be in slot 6.
23. Again take string #2 (pink) and make 2 right hand double knots. One each, on string #3 (pink) & one on string #4 (white). String #2 (pink) will now be in slot 4. At this point your strings in slots 2, 4, 6 & 8 should all be pink and the strings in slots 3, 5, 7 & 9 should all be white. This is the order of the strings when you started your bracelet.
24. Repeat steps 5 – 23 from above to continue your pattern until your bracelet is long enough to fit your wrist.
25. Once your bracelet is long enough to fit your wrist take three strings from the slots 2-4 in your left hand and three strings from slots 7-9 in your right hand and braid with the remaining 2 center strings.
26. Take the braided strings and tie two basic knots at the end of your friendship bracelet.
27. Unclip your friendship bracelet from the butterfly clip and cut off the excess braided section. Your friendship bracelet is ready to wear or share with your best friend or mom.

For more friendship
bracelet pattern
instructions, visit

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